

Southern New Hampshire Services

The Community Action Partnership serving Hillsborough and Rockingham Counties

2019 Calendar

2018 Annual Report

We're Southern New Hampshire Services...

And we wear 'many hats' as we work with individuals and families in the communities we serve

As the Community Action Partnership serving Hillsborough and Rockingham Counties, Southern New Hampshire Services supports the economic success and well-being of local residents through a broad range of well-known programs.

We've included the logos of many of the SNHS programs in Hillsborough and Rockingham Counties on the pages of this calendar. Though the names of these programs are varied, we're proud that it is our dedicated Southern New Hampshire Services' staff who work every day in helping people, changing lives.



THE PROMISE OF COMMUNITY ACTION

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community and we are dedicated to helping people help themselves and each other.

A message from our Executive Director

Donnalee Lozeau

In thinking about this year's annual report, we thought we would take a different approach and keep our work in the forefront of people's minds throughout the coming year. In the spirit of time and in recognition of those we serve, our partners, our staff and the work we do, we decided a calendar version of our annual report would be a helpful tool for all. Additionally, it will cover some of the work we did in 2018 and will continue to do in the year to come.

We hope you find the calendar useful and that you continue to find Southern New Hampshire Services to be a great community resource and partner.

2018 was a robust year for our economy. Yet those we serve still struggle with finding safe affordable housing, quality childcare, and jobs where they can earn a living wage. We believe that everyone should have access to opportunities that help them reach their full potential. The work we do is grounded in that fundamental belief. On the pages that follow you will see the way we do that and learn how it is making a difference in the lives of those we serve and in turn making our communities stronger.

We are grateful to our staff, our board of directors, our community partners and our community leaders on all levels who support our work and join us in making certain that we effectively help people help themselves and each other!

2018-2019 Board of Directors

Officers

Dolores Bellavance, Chair Senator Lou D'Allesandro, Vice Chair Dr. Kevin Moriarty, Treasurer Orville Kerr, Secretary

Directors

James Brown Carrie Marshall-Gross Anna Hamel Bonnie Henault Wayne R. Johnson Tom Mullins, Esquire Deirdre O'Malley German Ortiz Representative Sherm Packard Shirley Pelletier Peter Ramsey

Executive Staff

Donnalee Lozeau, CCAP, Executive Director Ryan Clouthier, Deputy Director James Chaisson, Chief Fiscal Officer Debra Stohrer, Executive Assistant Deanna Martson, Administrative Assistant

Administrative Staff

Thomas Nelson Workforce & Community Services Operations Director Patte Anne Ardizzoni Communications Director Frank Boudreau NH Employment Program Administrator Valerie Carignan WIC Director Steve Genest Nashua Community Coordinator Dan Girard *Weatherization Director* Henry Harris, MSW **C**ommunity Outreach Services Director Paula Philbrook Business Systems and Social Media Director Matt Russell WIOA Statewide Administrator **Gregory Schneider, CCAP** Planning and Grants Management Director / EEO Officer **Debra Sevigny** Housing Director Susan Valaitis HR Director Sarah Vanderhoof, MSM, RD, LD Child Development Director

SNHS Supports Our Communities

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The Community Action Partnership serving Hillsborough and Rockingham Counties

Hillsborough County - Value of	Services by Municipality
AMHERST	\$118,840
ANTRIM	\$178,268
BEDFORD	\$209,928
BENNINGTON	\$124,394
BROOKLINE	\$74,598
DEERING	\$209,368
FRANCESTOWN	\$67,724
GOFFSTOWN	\$545,857
GREENFIELD	\$296,919
GREENVILLE	\$1,334,375
HANCOCK	\$74,035
HILLSBORO	\$966,185
HOLLIS	\$79,984
HUDSON	\$729,138
LITCHFIELD	\$210,862
LYNDEBORO	\$34,873
MANCHESTER	\$12,610,880
MASON	\$20,850
MERRIMACK	\$545,756
MILFORD	\$574,007
MONT VERNON	\$53,352
NASHUA	\$9,237,787
NEW BOSTON	\$109,419
NEW IPSWICH	\$312,874
PELHAM	\$249,940
PETERBOROUGH	\$375,360
SHARON	\$6,840
TEMPLE	\$48,237
WEARE	\$307,816
WILTON	\$189,104
WINDSOR	\$10,672

Rockingham County - Value of Services b	y Municipality
ATKINSON	\$49,307
AUBURN	\$107,860
BRENTWOOD	\$74,816
CANDIA	\$96,503
CHESTER	\$82,528
DANVILLE	\$164,830
DEERFIELD	\$259,495
DERRY	\$1,585,696
EAST KINGSTON	\$25,750
EPPING	\$393,104
EXETER	\$739,709
FREMONT	\$125,606
GREENLAND	\$34,392
HAMPSTEAD	\$155,056
HAMPTON	\$370,645
HAMPTON FALLS	\$42,262
KENSINGTON	\$54,302
KINGSTON	\$158,762
LONDONDERRY	\$696,930
NEWCASTLE	\$2,109
NEWFIELDS	\$15,175
NEWINGTON	\$7,551
NEWMARKET	\$360,919
NEWTON	\$174,325
NORTH HAMPTON	\$117,968
NORTHWOOD	\$213,510
NOTTINGHAM	\$87,864
PLAISTOW	\$157,036
PORTSMOUTH	\$1,045,550
RAYMOND	\$806,255
RYE	\$84,121
SALEM	\$940,117
SANDOWN	\$136,116
SEABROOK	\$890,854
SOUTH HAMPTON	\$12,715
STRATHAM	\$57,722
WINDHAM	\$128,819
Value and	A 2/10



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National Poverty in America Awareness Month

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bad Weather Proced Here is the current information on w related cancellations this year: • Listen to a local radio station: WZI WGIR-610 AM & Rock 101 FM; and • WMUR: Cancellations are broadca 15 minutes to the hour along with listings and listed on the WMUR w Decisions on cancellations are made	where to learn about weather- D-95.7 FM; WFEA-1370 AM; WOKQ-97.5 FM. st on WMUR TV Channel 9 at other business and government eb site: www.wmur.com	1 New Year's Day SNHS Offices Closed	2	3	4	5
6	7 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	8	9 Derry CSFP (Crystal Ave)	10 Raymond CSFP (Prescott Rd.)	11 WIC early clinics in Manchester and Nashua starting at 7am	12
13	14 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	15	16 Nashua CSFP (Allds Street)	17 Manchester CSFP (Pine Street)	18	19
20	21 Martin Luther King Jr. Day SNHS Offices Closed Full Moon	22 Nashua CSFP (Allds Street) Manchester CSFP (Pine Street)	23	24 Seabrook CSFP (Lafayette Road)	25 WIC early clinics in Manchester and Nashua starting at 7am	26
27		29 Ipplemental Food Progr		31 TEFAP Distribution (Pine Street)		,

Tax Preparation Assistance...

Is just part of SNHS' Financial Capability Focus

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FREE TAX PREP OPENING SOON

has considered "newsworthy" has met dif-

ferent definitions. For example, mid-twen-

Those earning less than \$64,000 per year can benefit from free tax preparation services in Hillsborough and Rock-ingham Counties beginning the first week of February.

SNHS supports efforts that provide the service at a number of free tax preparation locations throughout the area. One such location is the Workplace Success office at 60 Rogers Street in Manchester.

The sites feature IRS-certified volunteers who prepare tax returns for those whose income in under \$64,000.

Returns can be filed electronically from the tax preparation site. The volunteers are trained to help identify those filers who quality for tax credits, including the Earned Income Tax Credit. Those who qualify can receive up to \$6,444 this year, depending on their filing status and number of qualifying children.

Many sites are available on a walk-in basis; others are by appointment only. A complete list of free tax preparation sites is available online at 211nh.org or by calling 2-1-1. The 2-1-1 Information & Referral specialist can assist in setting up appointments for those who call.



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SNHS knows that the benefits received through tax preparation assistance can help families achieve economic stability. **Our Volunteer Income Tax Assistance Program (VITA)** does just that! Volunteers take the time to walk clients through the tax filing process and work to maximize clients' tax returns.

FAST FACTS:

- Clients who have not filed tax returns in recent years may still receive tax
 preparation services
- Clients who earn up to \$64k with a family of four could be eligible for the Earned Income Tax Credit (EITC)
- Program works with clients who have had a financial crisis that has resulted in bad credit and unpaid bills and would like to rebuild their credit
- Some individuals may be asked to provide a tax return in order to receive Financial Capability services
- Program encourages referrals from staff working with clients in other SNHS
 programs

For more information on financial coaching, tax preparation assistance and other services offered through the Financial Capability Program, contact a local Outreach Office or call (603) 431-2911

SPOTLIGHT ON: FINANCIAL CAPABILITY

Far too many families walk that fine line between financial stability and "falling off a cliff." This was the case for one Seacoast family of four. Although both parents worked and one received Social Security Disability, they often lived close to the edge. They needed help and staff at SNHS' Raymond Outreach Center provided it. Based in large part on the Earned Income Tax Credit, the family received a refund of over \$4,000 as a result of the tax return prepared at the Raymond office for the family. Staff then took the time to talk to the family about how to put the refund to its best use by saving a portion and using part to bring their mortgage up-to-date. The refund...along with the support and guidance of Raymond staff...took the family away from the cliff and back into the stable zone. 1,100 households utilized the free tax preparation service and increased their financial assets by accessing \$444,000 in Federal Tax Credits.

BENEFITS RECEIVED BY TAX PREPARATION ASSISTANCE CAN HELP FAMILIES ACHIEVE ECONOMIC STABILITY

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
Listen to a local radio station: W WMUR: Cancellations are broad	n where to learn about weather-related /ZID-95.7 FM; WFEA-1370 AM; WGIR-6 least on WMUR TV Channel 9 at 15 min red on the WMUR web site: www.wmur	10 AM & Rock 101 FM; and WOKQ-9 utes to the hour along with other bu			1	2						
						Groundhog Day						
3	4 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	5 WIC Closed	6 Derry CSFP (Crystal Ave) Raymond CSFP (Prescott Rd.)	7	8 WIC early clinics in Manchester and Nashua starting at 7am	9 National Pizza Day						
10		10	47									
10	11 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	12 CSFP Clinic 6:30am - 10:30 am WIC's Late Clinic 11am - 7 pm Lincoln's Birthday	13 Nashua CSFP (Allds Street)	14 Manchester CSFP (Pine Street) Valentine's Day	15	16						
17	18 Presidents' Day SNHS Offices Closed	19 Manchester CSFP (Pine Street) Full Moon	20	21 Seabrook CSFP (Lafayette Road)	22 WIC early clinics in Manchester and Nashua starting at 7am Washington's Birthday	23						
24	25 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	26	27 TEFAP Distribution (Pine Street)	28 TEFAP Distribution (Pine Street)								
		Winter Vacation for All Adult Education and ENA Classes Feb. 25th - Mar. 1st										
		upplemental Food Prog acy Food Assistance Pro		C: Women, Infants, and A: English for New Ame								

Holping People, Changing Lives

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National Nutrition Month

SNHS supports numerous programs that work to combat food insecurity in our communities.

The Emergency Food Assistance Program (TEFAP) provides emergency food assistance at no cost to low-income families. SNHS helps distribute this food to programs that can get it into the community, such as food pantries, local soup kitchens and other charitable organizations.

The Commodity Supplemental Food Program (CSFP) provides food resources to income eligible adults over the age of 60. SNHS has CSFP sites all throughout both Rockingham and Hillsborough counties.

The Women, Infants and Children Program (WIC) provides nutritious foods, education, referrals and breastfeeding support to income eligible pregnant and post-partum women, infants and children under the age of 5. All of our nutritionists have at least a four year Bachelors in Science and Nutrition to support our participants.

SNHS also has multiple **food pantry** sites that are located in Rockingham County. These food pantries are open at no cost to community members that need additional food resources.

Child and Adult Care Food Program (CACFP) sponsorship is available to Family Child Care Homes, Child Care Centers, and Adult Care Centers to receive reimbursement for the meals that they serve to the children and adults in their care.





Community Garden spots now available in Goffstown

The Hillsborough County Community Garden in Goffstown is open to all residents of the County who wish to have a garden space. A minimum of 75% of all gardening spaces are reserved for households meeting federal lowincome guidelines. For a donation of \$20, the remaining land is made available to those households exceeding the guidelines, or who fail to file the requested financial information.

Each community gardener accepted into the program receives a 25' x 25' rototilled garden plot. Water, seeds, tools, and other materials needed to maintain the plot must be supplied by the gardener. Produce grown on the plot must be used to increase the amount of nutritional foods available to the gardener's household; it cannot be sold for profit.

Deadline to apply for your plot is April 12.

For more information or an application contact staff at 603-668-8010 x 6046 or communitygardens@snhs.org

SNHS Fact: 490 children increased their physical health through appropriate nutrition, exercise, hygiene and safety practices.



SNHS Fact:

Food pantries distributed \$243,000 in food to 1,158 families in Rockingham County. As a provider, I know the SNHS CACFP program coordinators are there for me, so I can bring this valuable resource to my licensed family daycare.

> Rebecca Tewksbary owner/teacher Becky's House Family Daycare

	FEBRUARY 2019									API	ril 20	019		
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National Nutrition Month

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
On the Hill Each year in March ou Action Foundation in 1,000 Community Act to talk with our elected impact of our work.	tion Agencies to DC	 Listen to a local radio stat and WOKQ-97.5 FM. WMUR: Cancellations are 	tion on where to learn about weather ion: WZID-95.7 FM; WFEA-1370 AM; broadcast on WMUR TV Channel 9 a iovernment listings and listed on the	1	2	
3	4 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	5 WIC Closed	6 Derry CSFP (Crystal Ave)	7 Raymond CSFP (Prescott Road)	8 WIC early clinics in Manchester and Nashua starting at 7am	9
10 Daylight Saving Time Begins	11 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	12	13 Nashua CSFP (Allds Street)	14 Manchester CSFP (Pine Street) Pi Day	15	16
17 St. Patrick's Day	18 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	19 Nashua CSFP (Allds Street) Manchester CSFP (Pine Street)	20 Community Action "On the Hill" First Day of Spring Full Moon	21 _{Seabrook CSFP} (Lafayette Road)	22 WIC early clinics in Manchester and Nashua starting at 7am World Water Day	23
		National Comm	unity Action Child Care Fo	od Program Week		
24 31	25 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	26	27 TEFAP Distribution (Pine Street)	28 TEFAP Distribution (Pine Street)	29	30
		upplemental Food Prog acy Food Assistance Pro		C: Women, Infants, and	Children Program	

National Fair Housing Month

Supportive Housing for the Elderly

Funding from the U.S. Department of Housing and Urban Development Section 202 Supportive Housing Program and Funding through Low-income Housing Tax-Credits and the NH Housing Finance Authority has enabled us to build and manage 29 elderly housing projects. These projects represent 894 apartments. The residents of these apartments pay 30% of their income for rent with the balance subsidized under HUD's section 8 Rental Assistance Program. Heat and utilities are included in the rent.

Campton Mills 349 Owl St. in Campton, NH (603) 726-7093 (16 units)

Chaplain Adrien Chasse Village 11 Adrien Circle in Rochester, NH. (603) 335-6062 (42 units)

Common Man Commons 48 West St. in Ashland, NH. (603) 968-3063 (28 units)

Councilor Ray Burton Commons 10 Washington Dr. in North Woodstock, NH. (603) 745-4989 (16 units)

Davidson Landing I 143 Ledge St. in Nashua, NH. (603) 598-9846 (36 units)

Davidson Landing II 145 Ledge St. in Nashua, NH. (603) 598-9846 (46 units)

Derryfield Village 628 Hanover St. in Manchester, NH. (603) 621-7196 (28 units)

Echo Valley Village 20 Back Lake Rd. in Pittsburg, NH. (603) 538-1122 (24 units)

Greenfield Commons 826 Forest Rd. in Greenfield, NH. (603) 547-2361 (24 units)

Hallsville Court I 870 Hayward St. in Manchester, NH. (603) 622-9693 (34 units) Hallsville Court II 850 Hayward St. in Manchester, NH. (603) 622-9693 (36 units)

Ice Pond Village 13 Ice Pond Rd. in Lancaster, NH. (603) 788-2285 (20 units)

J. B. Milette Manor 72 Vine St. in Nashua, NH. (603) 598-9846 (22 units)

Jedediah Brown House 55 Prescott Rd. in Raymond, NH. (603) 895-0389 (4 units)

Laurel Terrace 21 McKinley St. in Rochester, NH. (603) 335-2733 (55 units)

Ledgewood Commons 4 Ledgewood Lane in Raymond, NH. (603) 895-0389 (24 units)

Lucille M. Simpson Meadows 1 Simpson Way in North Berwick, ME. (207) 676-3257 (30 units)

Mayor Roland Roberge Manor 14 Adrien Circle in Rochester, NH. (603) 330-3217 (44 units)

Pemi Commons 230 Fairgrounds Rd., Plymouth, NH. (603) 536-4684 (16 units)

Riverview Village 780 Lake St. in Bristol, NH. (603) 744-3627 (19 units) Ronald A. Philbrick Elderly Housing at Greenville 54 & 56 Main St. in Greenville, NH. (603) 878-3364 (70 units)

Salmon Brook 21 Lovell St., Nashua (603) 577-1306 (31 units)

Sherburne Woods 1 Upham Dr. in Deerfield, NH. (603) 463-5893 (20 units)

Streeter Shores 76 Temple St. in Nashua, NH. (603) 881-5214 (43 units)

Sundance Village 1915 Front St. in Manchester, NH. (603) 634-0033 (41 units)

The Meadow at Northwood 243 Bow St. in Northwood, NH. (603) 942-8245 (31 units)

Wagner Court 101 Burke St. in Nashua, NH. (603) 595-0316 (70 units)

Whispering Pines I 70 Pleasant St., Route 27, in Epping, NH. (603) 679-2495 (20 units)

Whispering Pines II 70 Pleasant St., Route 27, in Epping, NH. (603) 679-2495 (20 units)

CALL INDIVIDUAL SITES FOR MORE INFORMATION.



CIRCLE OF LIFE - AND CARING - SHINES THROUGH AT PEMI COMMONS

The passing of one life recently at Pemi Commons helped another life looking for a fresh start. The 63-year old resident had lived at the Plymouth senior housing location for almost two years. While family members were removing her property, they learned that another tenant's daughter was moving into her new apartment the same day after living a year in a homeless shelter while receiving counseling for alcoholism. She had nothing to start her new life with. The decision was an easy one. The family of the departed resident offered the family of the daughter looking for a fresh start the household items that could make that possible. Two families...one in mourning but helping another while giving hope for a new beginning and meaning to life.



Mr. Francis Byrne, a longtime resident of Sundance Village in Manchester NH, received his Purple Heart in a ceremony that took place at Elliot Hospital on December 14, 2018. Mr. Byrne served with the US Army during the Battle of the Bulge when he was injured by a landmine explosion. His lieutenant advised he would be filling out paperwork for Mr. Byrne to receive his purple heart but the lieutenant died in action the next day. After a number of decades of waiting and the efforts of Senator Shaheen, Army Sargent Major Daniel Dailey traveled from Washington, D.C. to Manchester, NH to present Mr. Byrne with his Purple Heart at the December 14th ceremony.

	MARCH 2019							MAY 2019						
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31														



National Fair Housing Month

April 2019



Did you know?

A Community Action Agency has a tripartite board structure that is comprised of at least 1/3 low-income residents, 1/3 elected public officials, as well as private sector representatives. This promotes the participation of the entire community in the reduction or elimination of poverty.

Pictured left to right - Senator Kevin Cavanaugh; Betsey Andrews Parker, CEO Strafford Community Action; Rep Linda Massimilla, BOD Tri-County Community Action; Jeanne Robillard, CEO Tri-County; Ryan Clouthier, Deputy Director SNHS; John Manning, CEO Southwestern Community Action; Governor Chris Sununu; Donnalee Lozeau; Gary Coulombe, BOD Tri-County; Sandy Alonzo, Tri-County Board Chair; and Senator Lou D'Allesandro, VC BOD SNHS

NH's community Action Network -A Statewide Reach

SNHS Joins Community Action Month Celebration

Southern New Hampshire Services joins over 1,000 Community Action Agencies across the county in celebrating Community Action Month. Held each May, Community Action Month recognizes the success of members of the national Community Action Network in addressing the causes and effects of poverty.

Community Action Month offers an opportunity to recognize the impact Community Action has in the lives of individuals and families including those who live in the Hillsborough and Rockingham County communities served by Southern New Hampshire Services.

Residents in every one of the of 68 cities or towns in Hillsborough and Rockingham Counties benefited from at least one—if not several—of the programs offered through our Community Action Agency.

Community Action Agencies are successful every day in helping families achieve economic security. Given that the needs of each family and community are unique, Community Action is able to use a range of resources and programs to meet local needs in creative and impactful ways. Each Community Action Agency is a private or public non-profit organization established under the Economic Opportunity Act of 1964 to fight America's War on Poverty and help people to help themselves in achieving self-sufficiency.

The Promise of Community Action

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other. //



Low income residents of Hillsborough and Rockingham Counties lost a champion in 2018. Richard "Dick" Delay, Sr. served on the SNHS Board of Directors for 35 years providing strong and effective leadership to the organization. His life was a model of caring and commitment, and we were privileged to know him and work with him. We dedicate this page to Dick's memory and his lifelong practice of putting the action in Community Action.



Southern New Hampshire Services http://www.snhs.org



Community Action Program of Belknap-Merrimack Counties, Inc. http://www.bm-cap.org of Strafford County

Community Action Partnership of Strafford County http://www.straffordcap.org





Tri-County Community Action Program, Inc. http://www.tccap.org/



National Community Action Month

May 2019

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 WIC early clinics in Manchester and Nashua starting at 7am	4 Free Comic Book Day
	CSFP Clinic	7 WIC Closed	8 Derry CSFP	Q Raymond CSFP	10	11
5	6 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am		(Crystal Ave)	9 Raymond CSFP (Prescott Road)	10	11
	WIC Late Clinics in Manchester and Nashua until 7pm				National Military Spouse Appreciation Day	
Cinco de Mayo			National Nurses Week			
12 Mother's Day	13 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	14	15 Nashua CSFP (Allds Street)	16 Manchester CSFP (Pine Street)	17 WIC early clinics in Manchester and Nashua starting at 7am	18 Armed Forces Day Full Moon
19	20 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	21 Nashua CSFP (Allds Street) Manchester CSFP (Pine Street)	22	23 Seabrook CSFP (Lafayette Road)	24	25
26	27 Memorial Day SNHS Offices Closed	28	29 TEFAP Distribution (Pine Street)	30 TEFAP Distribution (Pine Street)	31 WIC early clinics in Manchester and Nashua starting at 7am	
		ipplemental Food Progi cy Food Assistance Pro		C: Women, Infants, and	Children Program	

Summer Food Service Program

Senior Farmers' Market

This nutrition program provides more than 4,200 low income NH seniors with fresh, NH grown bundles of fruits and vegetables throughout the summer season.

Food Ser

USDA



28,531 in 2018 meals were provided to youths experiencing food insecurity

To find SFSP locations & start dates, please go to www.SNHS.org.

SNHS has operated the Summer Food program since 1978 helping thousands of NH youths!

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June 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	4 WIC Closed	5 Derry CSFP (Crystal Ave) Raymond CSFP (Prescott Road)	6	7	8
9	10 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	11	12 Nashua CSFP (Allds Street)	13 Manchester CSFP (Pine St) ENA Last Day of Classes	14 WIC early clinics in Manchester and Nashua starting at 7am Portsmouth Adult Ed Classes End Flag Day	15
16 Father's Day	17 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm Full Moon	18 Nashua CSFP (Allds st) Manchester CSFP (Pine st)	19	20 Seabrook CSFP (Lafayette Road)	21 First Day of Summer	22
23 30	24 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm Summer Feeding Program begins	25	26 TEFAP Distribution (Pine Street)	27 TEFAP Distribution (Pine Street)	28 WIC early clinics in Manchester and Nashua starting at 7am	29
		upplemental Food Progr Icy Food Assistance Pro		C: Women, Infants, and A: English for New Ame		

Adult Education Services It's Never Too Late to Learn

This month we recognize the importance of federal and state investment in programming that provides training, education, and upskilling opportunities for workers.

English for New Americans (ENA) Portsmouth Adult Education

Refugees, immigrants, and visitors from many countries come together to read, write, listen and speak the English language.

- Our classes offer practical English for living and working in the community.
- Programs also offers computer skills classes for students who are enrolled in ESL classes.
- There are special events such as conversation cafes where our students practice conversation with native English speakers.

Adult Learner Services

One-on-one tutoring is available in Manchester and classroom learning is available in Portsmouth. Both services are completely free of charge! Adult learners receive instruction in basic reading, writing, mathematics, High School Equivalency Test (HiSET®) preparation, or English as a Second Language. Participants take a test so that they can start in the right place and receive the right help. Education services help adults improve basic skills for better jobs or to enter college or certificate programs



Program Content Information:

Manchester Location- 508 Union St. Facebook: English for New Americans, ENA Phone: 603-361-2649 Email contact: ENA@SNHS.org

Manchester Adult Learner Services ALS@snhs.org

Portsmouth Location - 100 Campus Dr. Phone: 603-422-8233 Email: adulteducation@snhs.org

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July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	2 Raymond CSFP (Prescott Road)	3 Derry CSFP (Crystal Ave)	4 Independence Day SNHS Offices Closed	5 SNHS Offices Closed	6
7	8 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm ENA Summer Classes Begin	9	10 Nashua CSFP (Allds St)	11 Manchester CSFP (Pine St)	12 WIC early clinics in Manchester and Nashua starting at 7am	13
14	15 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm Senior Farmers Market to Start	16 Nashua CSFP (Allds St) Manchester CSFP (Pine St) Full Moon	17	18 Seabrook CSFP (Pine St)	19	20
21	22 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	23	24 TEFAP Distribution (Pine St)	25 TEFAP Distribution (Pine St)	26 WIC early clinics in Manchester and Nashua starting at 7am	27
28	29 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	30	31		·	
		upplemental Food Progr acy Food Assistance Pro		C: Women, Infants, and (A: English for New Ame		

The Low Income Home Energy Assistance Program Action Month Time to plan for the cold months ahead!

The Low Income Home Energy Assistance Program (LIHEAP), also known as the Fuel Assistance Program (FAP), assists low income households that pay a high proportion of income for home energy. The program is funded by grants from the federal government, and makes payments directly to local utilities. To be eligible, an individual's income level must not be more than 150% of the federal poverty level. The payment amount is determined according to the size and type of the home, as well as type of fuel.

LIHEAP Comforts with more than just warmth...

By living with her daughter, Rita was able to stretch her limited income and live safely with a roof over her head. That all changed when her daughter passed away and Rita was left to make ends meet, including paying the outstanding propane bill. The fuel staff at SNHS - Manchester assisted Rita through this difficult time, helped her to lower her electric bill by 76% and connected Rita to other community resources that could provide assistance.

neighbor helping neighbor





Our client, a 93 year-old widow who has lived in her home for 30 years, was eager to make the most of her limited income and find energy savings. Our **weatherization staff** conducted a free **Energy Audit** of her home, identified heating repairs, insulated the walls and attic, updated light bulbs to LEDs, and ordered a health and safety test be done on her gas heating system. With **upgrades made and gas leaks repaired, this client will save \$550 per year**--a huge financial relief for someone at only 136% of the federal poverty level. **SNHS Fact:**

12,360 households in Hillsborough & Rockingham Counties were kept warm through the LIHEAP program!



SEPTEMBER 2019 **JULY 2019** W TH F S Μ T W TH F S Μ Т S S 12 13 19 20 21 14 15 25 26 26 27



Annual World Breast Feeding Celebration Month Low Income Home Energy Assistance Program Action Month

August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
This USDA award rec	as awarded the Loving ognizes local WIC age tion and support activ d this in 2018.	ncies that have provid	led exemplary	1 National Girlfriend Day	2 World Breast Feeding Wee	3 ek
4	5 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm World Breast Feeding Weel	6 WIC Closed	7 Derry CSFP (Crystal ave) Raymond CSFP (Prescott RD)	8 ENA Last Day of Summer Classes	9 WIC early clinics in Manchester and Nashua starting at 7am	10
11	12 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	13	14 Nashua CSFP (Allds Street)	15 Manchester CSFP (Pine Street)	16	17
18	19 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	20 _{Nashua CSFP} (Allds Street) Manchester CSFP (Pine Street)	21	22	23 WIC early clinics in Manchester and Nashua starting at 7am	24
	ENA Fall Class R	egistration Open				
25	ENA Fall Class Registration Open 26 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm		28 TEFAP Distribution (Pine Street)	29 TEFAP Distribution (Pine Street) Annual State WIC Forum (WIC Closed)	30	31
		upplemental Food Prog acy Food Assistance Pro		' C: Women, Infants, and (A: English for New Ame		

WORKFORCE DEVELOPMENT

Workforce Innovation & Opportunity Act (WIOA) New Hampshire Employment Program (NHEP) NHEP Workplace Success Program (WPS)

SNHS breaks down the barriers to realizing job security with our NH employment programs that educate, train, and prepare. We understand that child care, housing, and transportation assistance are key to helping individuals truly become self-sufficient.

Chauntel's Success

In June 2018, Chauntel Ames had just lost the apartment she shared with her two year old, Raymond, and with limited resources and no job, she turned to the Department of Health & Human Services' **NH Employment Program (NHEP)** for help. The local NHEP Team referred Chauntel to **Southern NH Services' Workplace Success (WPS) Program Career Center** in Manchester and she was promptly enrolled. Chauntel felt overwhelmed initially, and she wasn't sure that this was the right route for her, but her WPS Coordinator encouraged her to make the best of her 30 hours a week there.

She completed the vocational assessment process, developed a career pathway, and used job search tools that really helped her to focus on her short and long term career goals and boosted her confidence in herself and the skills that she had. NHEP supplied her with a clothing voucher to buy interview clothes which gave Chauntel the confidence to secure interviews in the healthcare field as she began her job hunt.

Spending 30+ hours weekly at Workplace Success gave her access to the internet, printers, staff support, and child care. She had already gone to school for Medical Assisting in the past but wasn't using her certification as her son was born only two months after she received it. While at WPS, her child experienced some medical challenges but Chauntel made every effort to make her scheduled hours in the program. Her efforts did not go unnoticed, and she was soon referred and accepted into the **On-the-Job Training (OJT) program.**

Chauntel has successfully completed her training and is working full time at DaVita Kidney Care in a position she was educated for, but had not worked in until now.





SNHS – Making Workplace Success a Reality!

nderstanding Power

and Cooling

NHEP CLIENTS LEARN VALUABLE WORK-RELATED SKILLS

July 1, 2017 - June 30, 2018

809

participants were served by the W10A program

329

individuals received support services: Child care, transportation assistance, auto repairs, etc.



received occupational skills training: 98 On the Job Training 482 Individual Training Account

National Literacy Month

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September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labor Day SNHS Offices Closed	3	4 Derry CSFP (Crystal Ave)	5 Raymond CSFP (Prescott Road)	6 WIC early clinics in Manchester and Nashua starting at 7am	7
8	9 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm ENA Fall	10	11 Nashua CSFP (Allds Street)	12 Manchester CSFP (Pine Street)	13	14
	Classes Begin	Portsmo	uth Adult Ed Registrat	tion Open		Full Moon
15	16 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm Portsmouth Adult Ed Classes Begin	17 Nashua CSFP (Allds Street) Manchester CSFP (Pine Street) Constitution & Citizenship Day	18	19 Seabrook CSFP (Lafayette Road)	20 Last Day of Senior Farmers Market WIC early clinics in Manchester and Nashua starting at 7am	21
22	23 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm First Day of Autumn	24	25 TEFAP Distribution (Pine Street)	26 TEFAP Distribution (Pine Street)	27	28
29 Rosh Hashanah Begins at Sunset	30 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm		,	1		
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Head Start Awareness Month



Head Start:

Head Start is a comprehensive child development program designed to foster the healthy development of preschool children and their families.

Head Start has been a life saver for me. It has given me the opportunity to go back to school and work to better my family life. Head Start has also provided me with services for my child such as social emotional support when introducing a new sibling. Also helped me get speech services and clothing assistance. Family nights were very helpful to us parents.



SNHS Fact:

Child Care Resource and Referral delivered 329 on-site training sessions for child care providers in NH. 2,743 families received referrals and assistance in obtaining child care.

Childcare Aware

- Provides free child care referrals to families seeking child care
- Provides training and professional development opportunities to early childhood professionals to foster quality in child care settings

For more information go to www.nh.childcareaware.org

Promotes school readiness skills

Builds social and self-help skills Provides parenting support and education

How to Enroll:

Head Start staff meets with families to complete an application. Families can call the Head Start office in their area to make an appointment and find out what they need to bring with them. You can also call the main office at (603) 668-8010 ext. 6098 or 1 (800) 322-1073 ext. 6098.

SNHS Child Care Centers

SNHS' child care centers provide a high quality, affordable, dependable and nurturing atmosphere for the children of working parents and for those parents entering or reentering the workforce.

Program Services:

- Highly qualified staff
- Developmentally appropriate activities
- Individualized program designed to fit each child's needs
- Nutritious breakfast, lunch and snack provided
- Full day and extended day program options available



Head Start Awareness Month

Saturday

October 2019

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	S
		1 WIC Closed	2	3	4 WIC early clinics in Manchester and Nashua starting at 7am	5
6	7 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	8 Yom Kippur Begins at Sunset	9 Derry CSFP (Crystal Ave) Raymond CSFP (Prescott Road)	10	11	12
13 Full Moon	14 Columbus Day SNHS Offices Closed	15	16 Nashua CSFP (Allds Street)	17 Manchester CSFP (Pine Street)	18 WIC early clinics in Manchester and Nashua starting at 7am	19
20	21 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	22 Nashua CSFP (Allds Street) Manchester CSFP (Pine Street)	23	24 Seabrook CSFP (Lafayette Road)	25	26
27	28 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	29	30 TEFAP Distribution (Pine Street) National Weatherization Day	31 TEFAP Distribution (Pine Street) Halloween		

Helping People, Changing Lives.

CSFP: Commodity Supplemental Food Program TEFAP: The Emergency Food Assistance Program WIC: Women, Infants, and Children Program



Bruce & Gary, residents of Robert House in Manchester

Homelessness Prevention

SNHS receives funding to provide a range of services aimed at preventing homelessness including short term-assistance to prevent eviction for those at risk of losing their housing or to secure housing for those suddenly homeless.

- The Homeless Housing and Access Revolving Loan Fund provides guarantees of rental security deposits and/or first month's rent to eligible persons.
- Housing Security Guarantee Program assists low-income individuals and families to obtain housing by issuing certificates of guarantees of security deposits to landlords.

SNHS can also provide information and referral services for individuals or families in need of emergency shelter. In providing assistance, SNHS collaborates with other organizations participating in HUD's Coordinated Entry process, which strives to ensure that assistance is provided as effectively as possible, and that it is accessible no matter how or where persons begin seeking help.

Safe & Supporting Housing

Robinson House (24 units) and **Mary's House (40 units)** consist of rehabilitated Section 8 rent assisted apartments for homeless individuals who have successfully completed substance abuse treatment programs.

National Homeless Awareness Month

families facing eviction were able to maintain their housing with emergency case management and

financial support

TU homeless families secured safe affordable housing with case management and financial support

National Homeless Awareness Month

November 2019

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
South Pay_a	School DEC24	Studen	Londonder ts!!	ry	1 WIC early clinics in Manchester and Nashua starting at 7am	2
3 Daylight Saving Time Ends	4 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	5 V Municipal Election Day	6 Derry CSFP (Crystal Ave)	7 Raymond CSFP (Prescott Road)	8	9
10	11 Veterans Day SNHS Offices Closed	12 Full Moon	13 Nashua CSFP (Allds Street)	14 Manchester CSFP (Pine Street)	15 WIC early clinics in Manchester and Nashua starting at 7am	16
17	18 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	19 Nashua CSFP (Allds Street) Manchester CSFP (Pine Street)	20 TEFAP Distribution (Pine Street)	21 Seabrook CSFP (Lafayette Road) TEFAP Distribution (Pine Street)	22	23
24	25 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	26	27	28 Thanksgiving SNHS Offices Closed	29 SNHS Offices Closed	30
		No Cla	asses - Portsmouth A	dult Ed		
	-	upplemental Food Progr				1

TEFAP: The Emergency Food Assistance Program

SNHS Fact:

Volunteers gave more than 223,600 hours of service to through SNHS sponsored programming.

Volunteer Power!

Retired Senior Volunteer Program (RSVP) is a free program for adults 55 and better. RSVP staff strive to provide meaningful volunteer opportunities that meet local needs and respond to priorities of national significance.

RSVP volunteers lend their support to 15 community partners that include the Nashua Historical Society, the Palace Theater, the Manchester and Nashua Senior Centers, the Granite State Ambassadors, Dartmouth-Hitchcock Medical Center, St. Joseph's Community Hospital, Manchester City Hall and more.

The RSVP Fixit Corps assists homeowners (60 years and older or disabled) with minor home repairs. Volunteers with experience in the fields of plumbing, carpentry, painting, and electrical provide the labor for free; the homeowner is responsible for providing the supplies needed.

Being a single female, 80 years old with health issues, this program is a Godsend for me personally. In this day and age, to have a volunteer come into my home who is trustworthy, courteous and efficient to help me is very reassuring.

RSVP Thresholds & Decisions is a program that trains volunteers to teach decision making, problem solving, and life planning skills. Volunteers teach the Hills. County inmates the essential thought processes needed to make decisions and to solve problems. This allows them to gain control over their lives and develop a more positive self-image. They are then better equipped to cope with life when they return to their families and the community.

So many behind these walls could benefit from the many facets Thresholds has to offer. We all face many different challenges from our release dates forward, and our decisions will be closely scrutinized by the courts, families, peers, etc. That said, it's important to point out how the program, with its five fundamental stepping blocks and individual counselors, changed me from a devout manipulator to a much more confident, important, unique, irreplaceable, and self-reliant Dad, friend, coworker and listener. Thresholds has forever changed me, and for this I have a true attitude of gratitude!

Well can I ask you something? Explain something? I am taking a program called Thresholds and Decisions, and it's a six week program, I have two weeks left. If I can finish that program it will be the first time I have ever finished anything. I have an unusual request. Can I stay at Valley Street for two more weeks so that I can finish the program?" The judge answered "This is the first time anyone has ever asked me if they can spend more time in jail. I think it's a good idea. Your new release date will be the day after Thresholds ends.

If you would like to volunteer or need a volunteer call our Volunteer Services Program Manager: (603) 634-1169 x10 (Manchester, NH) RSVP@snhs.org

-Joan

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17	18	19	20	21	22	23	19	20	21	22	23	24	25
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December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	3 WIC Closed	4 Derry CSFP (Crystal Ave) Raymond CSFP (Prescott Road)	5	6	7
8	9 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	10	11 Nashua CSFP (Allds Street)	12 Manchester CSFP (Pine Street) Full Moon	13 WIC early clinics in Manchester and Nashua starting at 7am	14
15	16 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	17 Nashua CSFP (Allds Street) Manchester CSFP (Pine Street)	18 TEFAP Distribution (Pine Street)	19 Seabrook CSFP (Lafayette Road) TEFAP Distribution (Pine Street)	20	21
22	23 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	24	25 Christmas Day SNHS Offices Closed	26	27 WIC early clinics in Manchester and Nashua starting at 7am	28
	No Classes - Adult Ed and ENA: December 23, 2019 - January 3, 2020					
29	30 CSFP Clinic Manchester, Pine St. 6:30am - 10:30 am WIC Late Clinics in Manchester and Nashua until 7pm	31	1 JANUARY 2020	2 JANUARY 2020	3 JANUARY 2020	
	Να					
	CSFP: Commodity Su TEFAP: The Emergen	-				



The Community Action Partnership serving Hillsborough and Rockingham Counties

Breaking Down Barriers, Helping Granite Staters Thrive... All Year Long!

January	February	March	April
SNHS Supports Our Communities	Tax Preparation Assistance Is just part of SNHS' Financial Capability Focus	National Nutrition Month	National Fair Housing Month Supportive Housing for the Elderly
Мау	June	July	August
NH's Community Action Network - A Statewide Reach	Summer Food Service Program	Adult Education Services – It's Never Too Late to Learn	The Low Income Home Energy Assistance Program Action Month Time to plan for the cold months ahead!
September	October	November	December
SNHS - Making Workplace Success a Reality!	Head Start Awareness Month	National Homeless Awareness Month	Volunteer Power!